Stand Up and Declare Activity (Racial Diversity & Campus Climate Module)\(^1\)
Time: 25-60 minutes

Goals
• Participants will have an opportunity to share information about themselves with one another.
• Groups will be able to establish a baseline for the discussion of difficult topics.

Facilitation Instructions (time depends on depth of conclusion)
• Instruct all participants to sit in a circle on the floor.
• For each round, the moderator will give a statement beginning with “Stand up and declare if...” (see list below).
• If a statement applies to you, stand up.
• At the conclusion, have all participants sit back down and process with a few of the following questions:
  o Which statements were you most proud to stand up for?
  o Which statements were uncomfortable for you to stand up for?
  o What were some of the feelings that came up for you in doing this activity?
  o How does this activity relate to your experience in your House or on campus?

Statements (all begin “Stand up and declare if...”):
• You identify as female
• You identify as male
• You have at least one parent who did not go to college
• You parents or grandparents are from another country
• You have ever been made fun of for the way you look
• You come from a family where alcohol or drugs is a problem
• You identify as bi-racial or multi-ethnic
• Your family has ever worried about not having enough money
• You have ever felt excluded from a particular group at school
• You have ever felt pressured to be someone you’re not or to act in a way you didn’t feel comfortable
• You have ever felt unsafe at school
• You have ever been called a derogatory name
• You identify as Asian, East Asian, East Indian, Pacific Islander, Laotian, Hmong, Japanese, Korean, Chinese, Vietnamese, Cambodian, or Filipino
• You have ever heard anyone call someone a “fag” or say, “that’s so gay”
• You know someone who has been picked on at school because of their disability
• You identify as Latino, Chicano, Mestizo, Hispanic, Puerto Rican, Mexican or Cuban
• You have been raised by a single parent or in a household where parents are divorced or separated
• You identify as African American or of African decent
• English is not your first language
• You identify as Native American, American Indian, Hawaiian, or as an indigenous person
• You or a member of your family has been imprisoned

\(^1\)Designed by David Sawyer, director of Students for Appalachia at Berea College in Berea, Kentucky. He has written and presented on the top of reflection across the country. The exercises attributed to him in this manual have been obtained from his literature, as well as the reflection sessions he facilitated at the second annual National Gathering, held in Indianapolis, Indiana on June 20-23, 1996.
• You have ever seen someone being hit, kicked, elbowed, or beat up at school
• You identify as Middle Eastern, Palestinian, West Asian, or Arab American
• You have ever been made fun of or put down for speaking out on behalf of the rights of others
• You have ever stood up for others when you knew what was happening to them was wrong